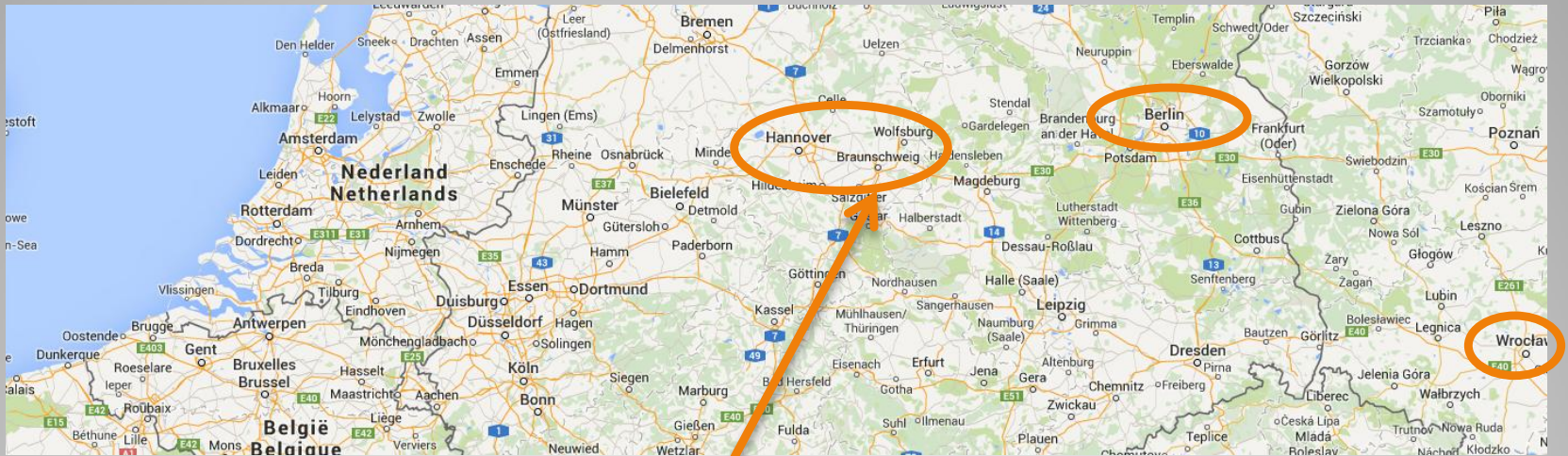


# Individual Support for Caregivers (Example from Germany)



Thomas Stoch, Senior Manager Red Cross Wolfenbüttel

# Some words about Wolfenbüttel



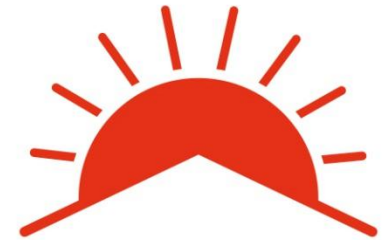
Wolfenbüttel

# Some words about Wolfenbüttel





# Conference Location Wolfenbüttel



**ISBA**

International Short  
Break Association

German Red Cross – Wolfenbüttel e.V.  
Integration & Therapy Center [www.itz-drk.de](http://www.itz-drk.de)

Deutsches Rotes Kreuz 









ISBA  
International Society of Business Administrators  
9th International Conference  
Multi-Faceted Leadership













# ITZ Integration & Therapy Center





# ITZ Integration & Therapy Center



## Today:

- About 800 customers in our region
- Some different offers for our clientel
- More than 170 employees and about 200 volunteers
- Volume more than 4 Mio. EUR

## 2003:

- A good idea / known what Carers need
- Wish to help Carers and their loved ones
- Organize personal assistance and finance this individually
- Politics and law was ready

# Legal Framework of Short Break



In Germany there are two main possibilities to apply for support by Short Break Services

**Health and Care Insurance (SGB 11)**  
**Communal Social Contribution (SGB 12)**

- Carers get 244 / 458 / 728 EUR per month for their work
- 1.612 EUR per year for caring (when there is no family member there to care)
- Extra 104 / 208 EUR per month if the Person who is cared for is mental disabled / dementia i.e.
- Social Services “Eingliederungshilfe” supports people to be part of the society on basis of their individual needs (SGB 12)



# Short Break Service „FED“



- **placement of supporting staff to families**

People can contact us if they need support at home. We strive to find the right volunteer for their needs.

# Short Break Service „FED“



- **placement of supporting staff to families**
- Interviews with Carers / the families
- Assessment for volunteers
- Training and Education
- Public Relations
- Good reputation (“mouth-to-mouth”)



# Short Break Service „FED“



- **FED gives specific advice**

Carers or people with disabilities need advice how to deal with their situation, how to organize life, how to finance support.

# Short Break Service „FED“



- **FED gives specific advice**
- Enough time to check-out the situation in each family
- Build a good relation with the customers
- Wide Knowledge about financing support



# Short Break Service „FED“



- **FED organizes leisure time activities**

A lot of weekly group activities (cooking, swimming, theater, dancing, sports, Rock-Band i.e.), day trips, family trips, holiday-trips, ...

# Short Break Service „FED“



- **FED organizes leisure time activities**
- Bring the people together
- Give chances to have meetings with others concerned in similar situations
- Offer experiences out of home
- Give Carers a further “Short Break”



# Short Break Service „FED“



**... and of course it's  
important to have fun !**



# Short Break Service „FED“



Mit dem ITZ durch das Jahr 2015!



**Vielfalt zählt!**  
Neben Freizeitangeboten für jedes Alter bieten wir Beratung und Unterstützung in den Abteilungen:  
Schulbegleitung, FED, Autismusambulanz, Ergotherapie und Wohnen



weitere Infos & Anmeldung  
[www.itz-drk.de](http://www.itz-drk.de)

Januar	Februar	März	April	Mai	Juni	Juli	August	September	Oktober	November	Dezember
01 Do Neujahr	01 So	01 So	01 Mi	01 Fr Tag der Arbeit	01 Mo	01 Mi	01 So	01 Di	01 Do	01 So	01 Di
02 Fr	02 Mo	02 Mo	02 Do	02 Sa	02 Di	02 Do	02 So	02 Mi	02 Fr	02 Mo	02 Mi
03 Sa	03 Di	03 Di	03 Fr Karfreitag	03 So	03 Mi	03 Fr	03 So	03 Do	03 Sa	03 Di	03 Do
04 So	04 Mi	04 Mi	04 So	04 Mo	04 Do	04 So	04 Di	04 Fr	04 Mo	04 Do	04 Fr
05 Mo	05 Do	05 Do	05 So Ostermontag	05 Di	05 Fr	05 So	05 Mi	05 Sa	05 Mo	05 Do	05 So
06 Di	06 Fr	06 Fr	06 Mo	06 Mi	06 Sa Rogenschießen	06 Mo	06 Do	06 So	06 Di	06 Fr	06 So
07 Mi	07 So	07 So	07 Di	07 Do	07 So	07 Di	07 Fr	07 Mo	07 Mi	07 Sa	07 Mo
08 Do	08 Mo	08 Mo	08 Mi	08 Fr	08 So	08 Di	08 Fr	08 Mo	08 Mi	08 Sa	08 Do
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31 Di	31 Fr	31 Fr	31 So	31 Mo	31 Do	31 So	31 Di	31 Fr	31 Mo	31 Do	31 Mi



# Short Break Service „FED“



- **Wide range of clientel**

Though our services are used by families with children and young adults, FED is also used by elderly people with dementia or special needs of help and caring.

# Short Break Service „FED“



- **Encourage Caregivers to get their rights**

Some of the families that use our services are in the need of advice what services are possible and how can they be financed. Sometimes they need help to get their rights.



# Short Break Service „FED“



## Today:

- more than 350 active clients
- organized by 3 Social Worker,  
2 Special Needs Worker
- about 20 empl. Support Worker
- about 150 Volunteers and many trainees

# „FED“ goes Therapy Center



**Well done, FED! Are there further ideas to develop?**

In 2008 we decided to widen the range of our offers. The customers have several needs and ask for individual services in more parts of life than private living and leisure.



# ITZ Integration & Therapy Center



**Well done, FED! Are there further ideas to develop?**

In 2009 we opened our Therapy Center (ITZ) with additional offers.

# School Assistance Service



- individual assistance by supporting staff
- allows integration in schools
- shows good examples of inclusion
- a good possibility to get together (with the “others”)



# Autism Therapy Center



- **therapy for people with autism**
- **gives specific advice**
- **offer information to the public**
- **keep in touch with schools and educate teacher:**  
Workshop “Autism and School”

# Occupational Therapy Practice ▼



- helps, when medical needs are indicated
- offers treatment to anybody (not only disabled)
- warm water basin and modern treatment rooms
- Additional value for other branches in ITZ



# Assisted Living Service



- **Living School** - get in touch with matters of daily living
- **Residential Training Home**
- **Individual Assistance** (for young people in their home)

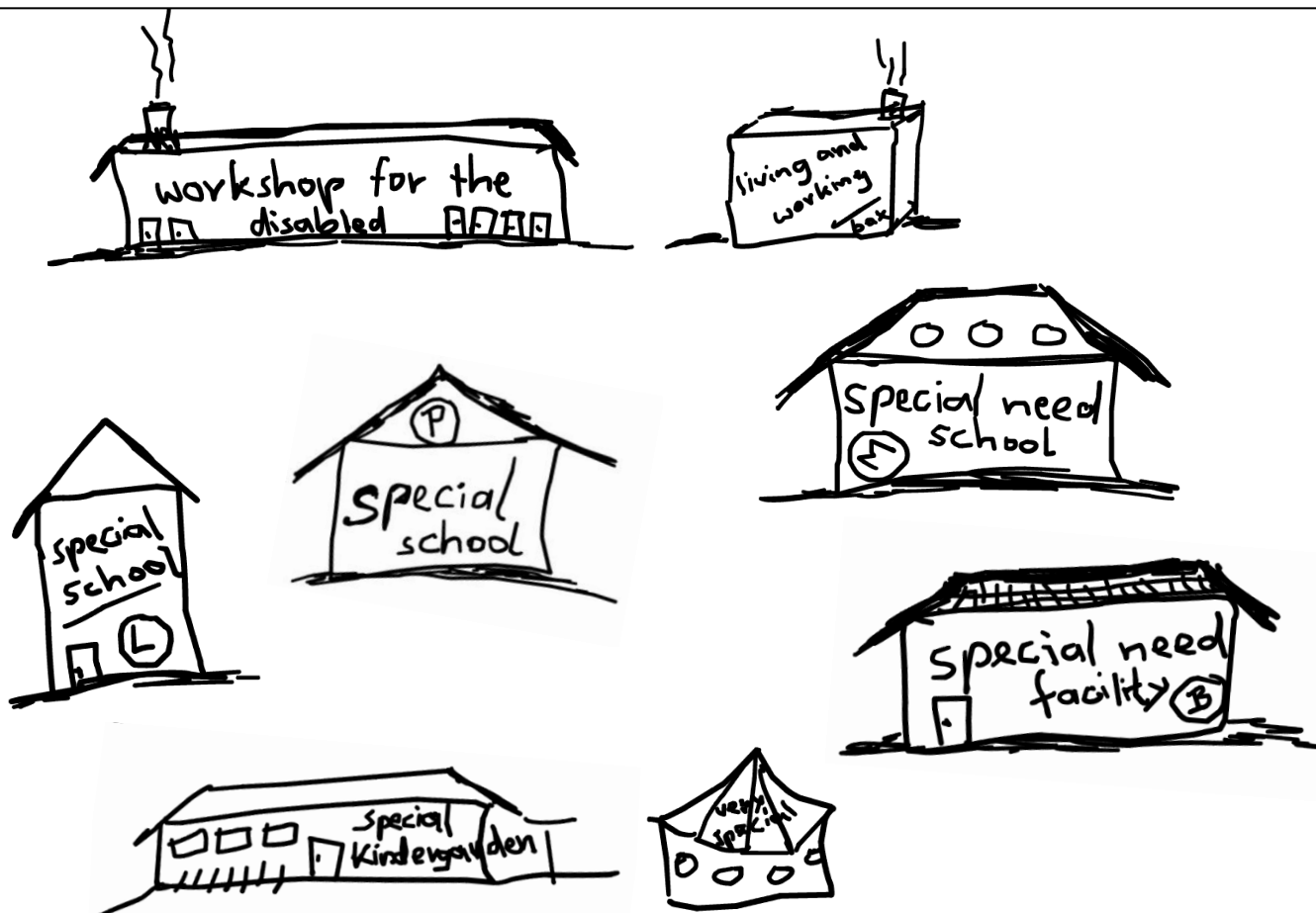
# ITZ Integration & Therapy Center



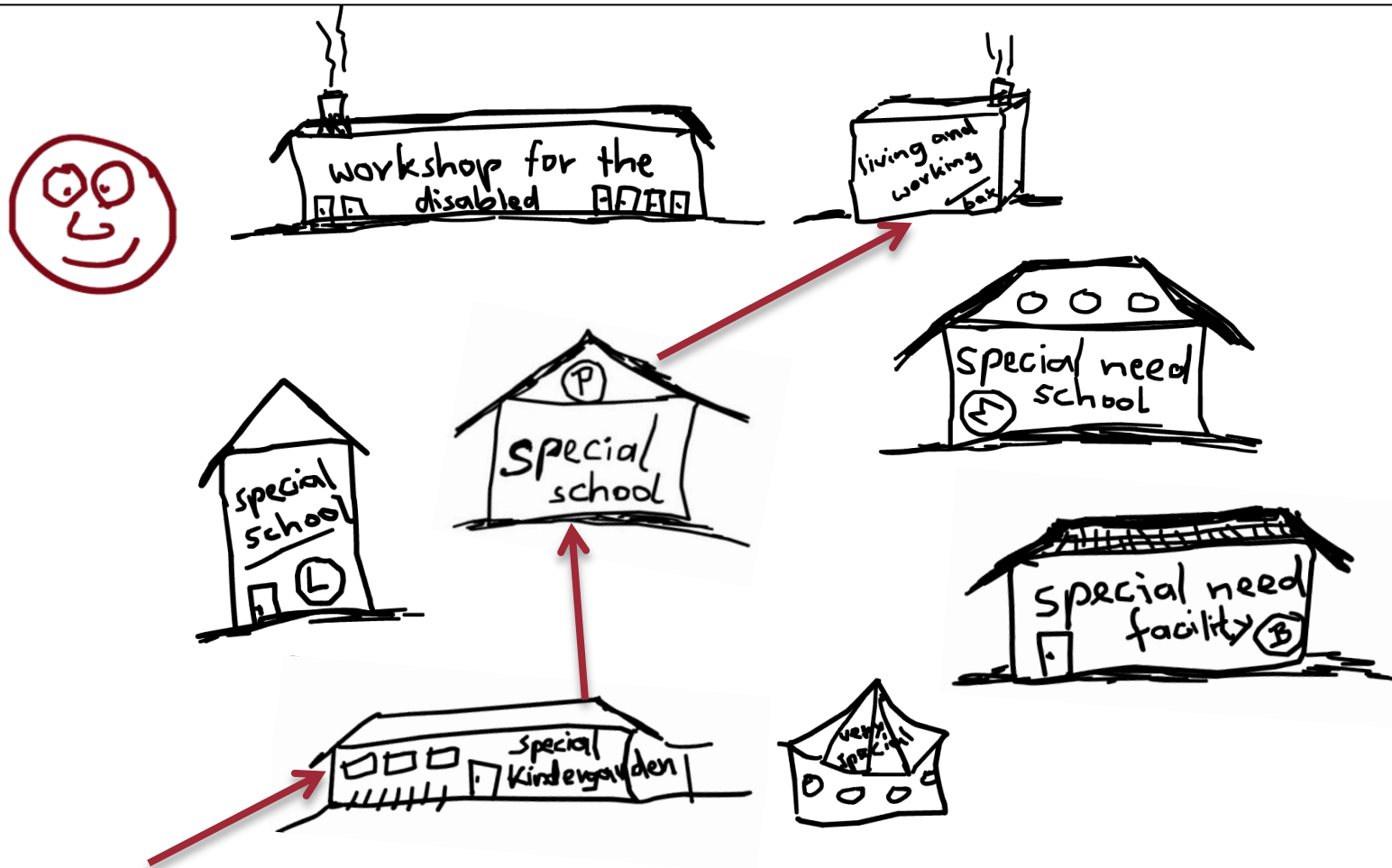
- ... is more than Short Break (Individual support)**
- ... combines offers for an additional value**
- ... is developed close to customers needs  
(„ask relatives what they need!“)**
- ... help individuals to get their rights**



## In Germany ... caring for disabled is well organized ..

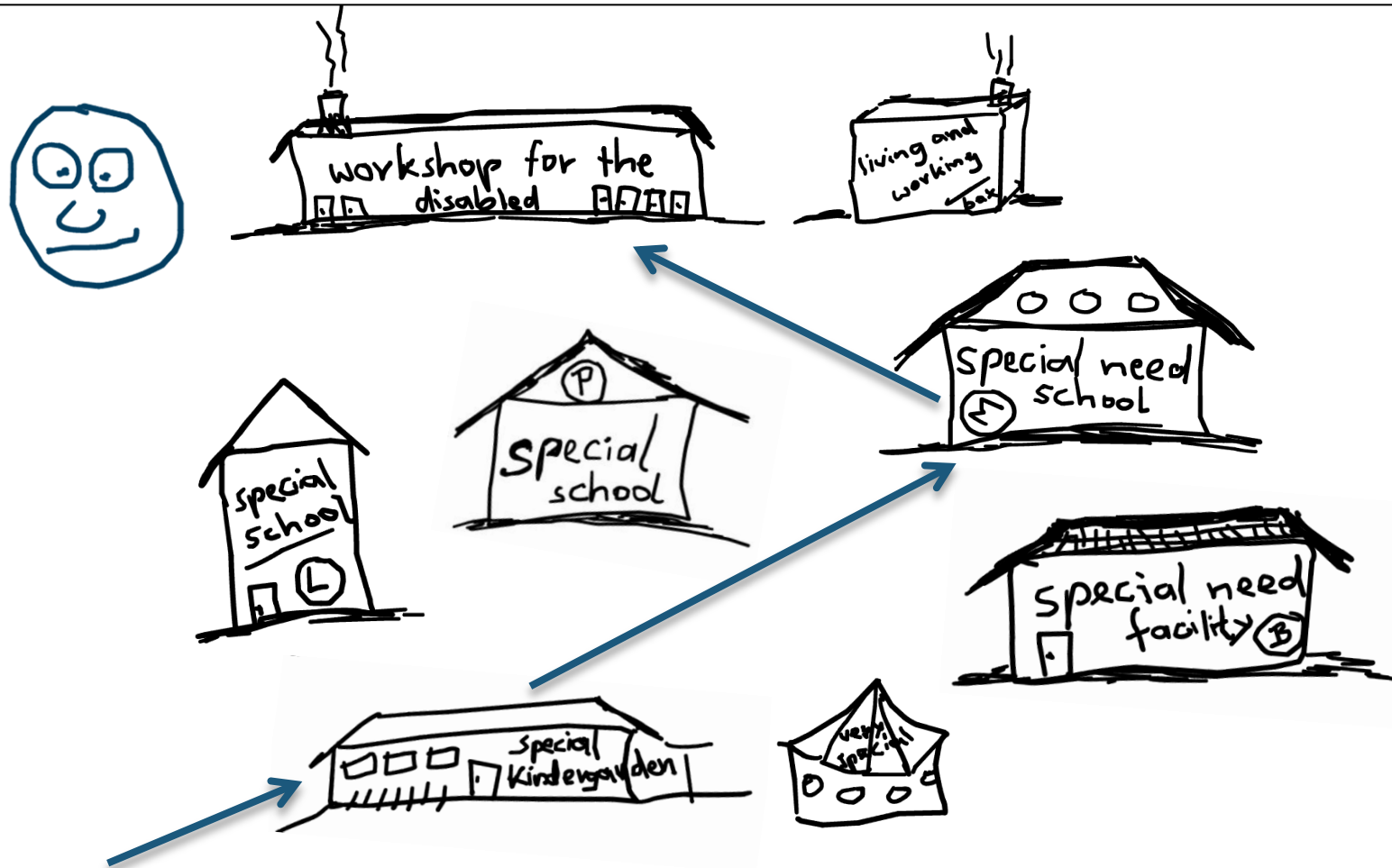


## In Germany ... caring for disabled is well organized ..

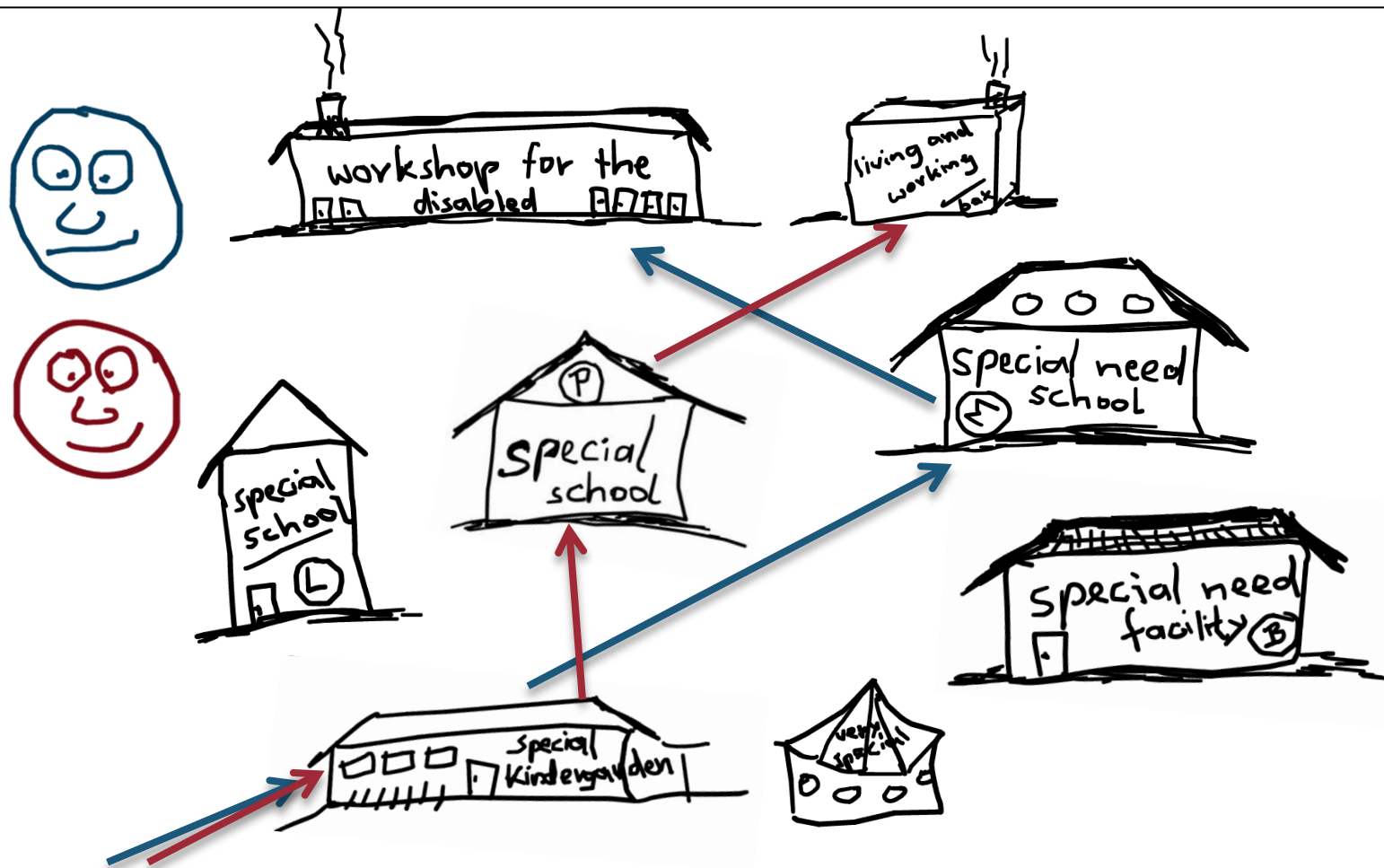




## In Germany ... caring for disabled is well organized ..



## In Germany ... caring for disabled is well organized ..





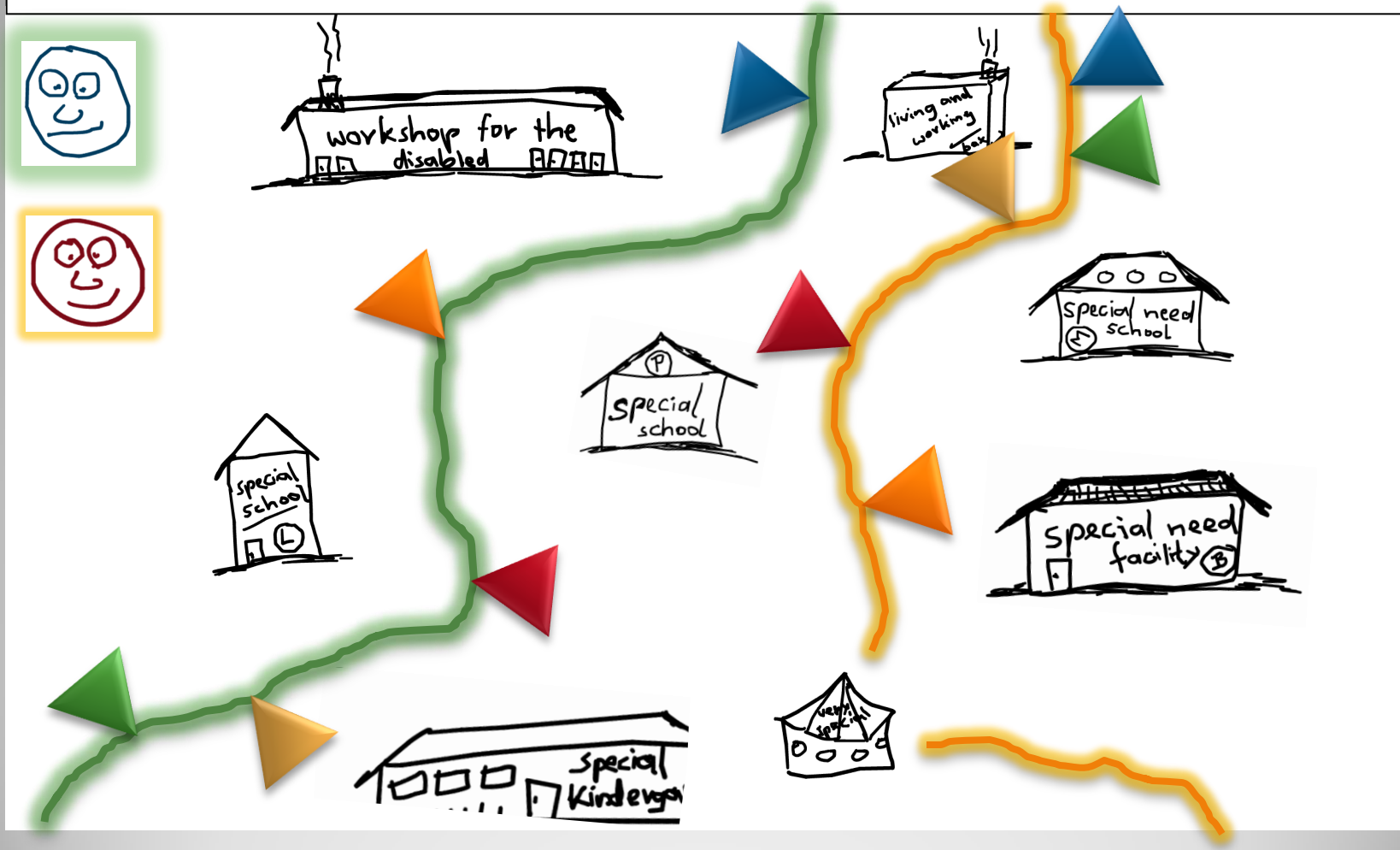
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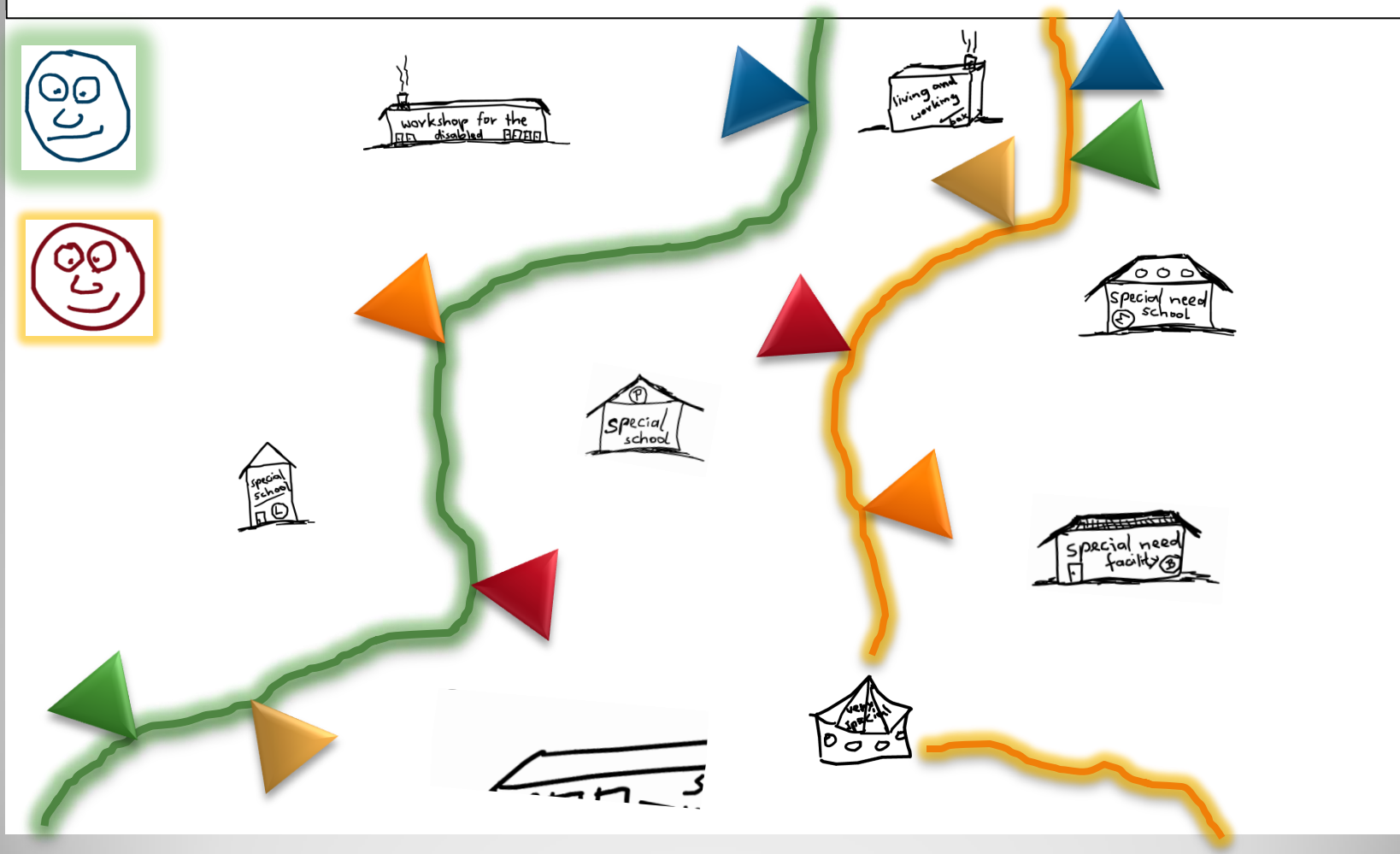


# In Germany ... caring for disabled is well organized ..





# In Germany ... caring for disabled is well organized ..



***so ... the times they are a-changin'***

Bob Dylan



**Thank you!**