



Family relief services in Sandnes municipality

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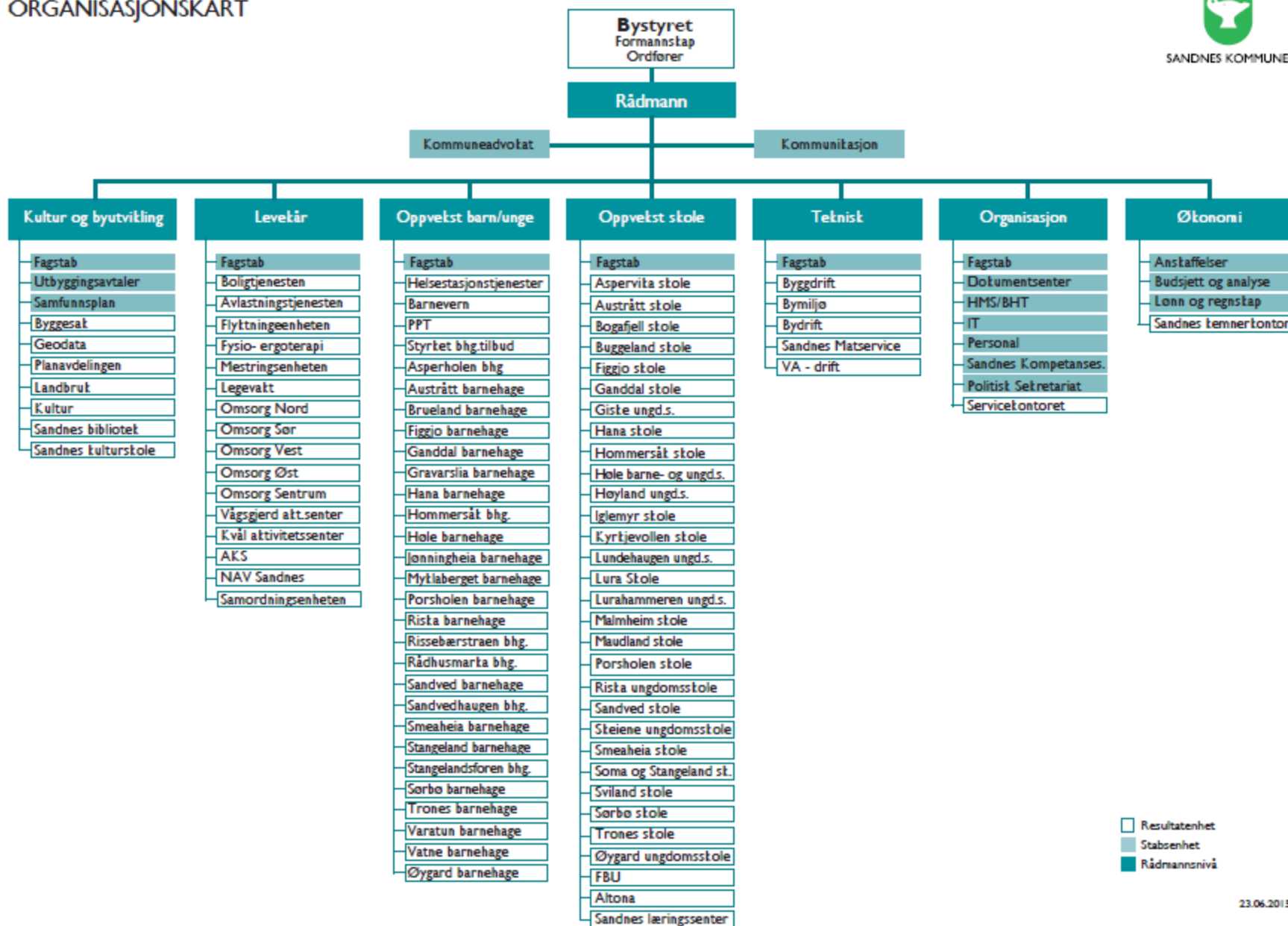


SANDNES KOMMUNE

Sandnes

- 8. largest city in Norway
- 75 000 citizens
- Young population – 30% of the population is under 19 years old
- The city has a central role in the development of the region
- Strong growth ↑ the fastest growing city in Norway





□ Resultatenhet
 ■ Stabsenhet
 ■ Rådmannsnivå

A scenic view of a valley with a turquoise lake and mountains, framed by a stone archway. The text is overlaid on the image.

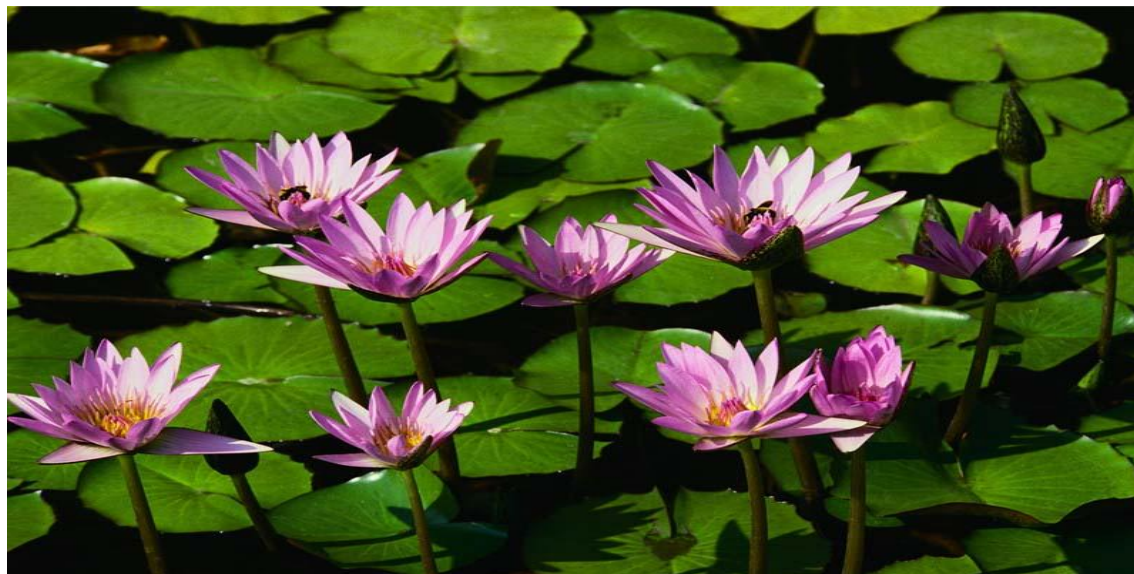
Samordningsenheten & Avlastningstjenesten

Coordinating and allocation
of services

Budget 2015

Samordningsenheten: 42,5 million kroner

Avlastningstjenesten: 37,5 million kroner



Mandate

- *Samordningsenheten is going to attend service toward and coordinate services to people with disabilities, such as; mental and physical disabilities, children with psychiatric diagnoses, homebased health care and 24/7-care for elderly people.*
- *Avlastningstjenesten is going to ensure well-being and safety for children and provide relief regularly for the families.*



Samordningsenheten - main groups of clients

- Clients with different disabilities
- Families with children with disabilities
- Clients with complex and/or unresolved needs for services
- Clients with need for continued and coordinated services
- Elderly patients who need homebased health services or 24/7-nursing



Avlastningstjenesten - clients

- Families with children who have developmental disabilities, physical disabilities and psychiatric disabilities
- Currently aged 0 – 50 years old



Our services

- Short break services (in private homes, institution and activity based)
- Omsorgslønn (payment to relatives for home care giving)
- Manager Based Personal Assistance, MBPA
- Personal assistance for the client's leisure time
- Permanently adapted workplaces (PAW)
- Taxi back and forth to PAW
- Activity on a daily basis (day activity centers)
- Caring homes
- Supervised caring for students in high school after school and when the school is closed
- Nursing homes
- Homebased health services
- Practical assistance to parents and children in their homes



Manager Based Personal Assistance (MBPA)

Intension:

- Facilitate for people with disabilities to have an active and independent life and to be able to participate in the community
- Enable the client to achieve his/hers goals



Historical development MBPA

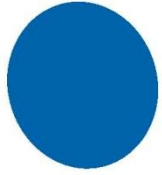
- 1960's: «The Independent Living» movement in the US
- The Independent Living Movement started as a grass-root movement in the US. African American civil rights movement, and especially Martin Luther King Jr., was a great source of inspiration to the pioneers of the Independent Living Movement
- The principles of the Independent Living Movement: Empowerment, full citizenship and human rights.
- Students with physically handicap said that they knew best how their own situation was, and they wanted more independence, self-determination and participation in the community



MBPA in Norway

- The Norwegian Handicap Association started MBPA as a pilot scheme in 1990.
- 1994: Government financial grants to the municipality
- 2000: Service that the municipality could organize and provide
- 2015: New right attached by law from 01.01.15





MBPA

Statutory right if

- The clients need for assistance and services is more than 25 hours a week
- The client is under 67 years old
- The need for assistance is prolonged
- Exceptions can be made



What is MBPA?

- A way of organizing services
- The Health and Care Act operates with the terms personal assistance and managed based assistance and separate between this and health care in the clients home. Personal assistance includes traditional services as practical and personal assistance. Short brake-service can also in some cases be organized as MBPA
- The client must act as a supervisor for the assistants
- To be a supervisor in this context means prioritizing the amount of hours that is disposable for the purpose
- The supervisor must decide who is going to be an assistant, where the service shall be provided and what the assistant is going to help with
- The supervisor must be trained in and act according to Norwegian laws.



Financial issues - MBPA

- The client must pay for the contents in the service that is practical assistance
- The city receives subsidies from central authority in form of a general transfer
- For especially demanding clients, the city can apply for a specific transfer



MBPA in Sandnes municipality

- Contract with 7 different companies that provides MBPA
- The client must choose which company to acquire an assistant



Short brake service

- According to the law – parents and relatives with a family member with major nursing and supervision needs – have a right to short brake service
- It is a service for parents and relatives
- Also for parents that are sick/disable – to able them to continue being the care giver
- The intention is to give parents/relatives/siblings regular relief from the tasks and the load that is linked to the sick/disable family member
- To make the parents/relatives able to participate in the community, work, etc



How?

- Short brake services – in institutions, for 50 children/adults
- Activity based short brake services – for 18 children
- Private organized short brake service – in private homes for 150 children
- Supervised caring for students in high school after school and when the school is closed



Quantity of short brake-services

- 24/7
- A few hours a day

As in

- 1 weekend pr month
- 1 week pr month
- 2 weeks pr month
- 2 – 10 hours pr week



Financially issues – short brake service

- Is free of charge for the client!
- The city receives subsidies as a general grant from central authorities
- For especially demanding clients, the city can apply for a specific grant





Relief services in Sandnes municipality



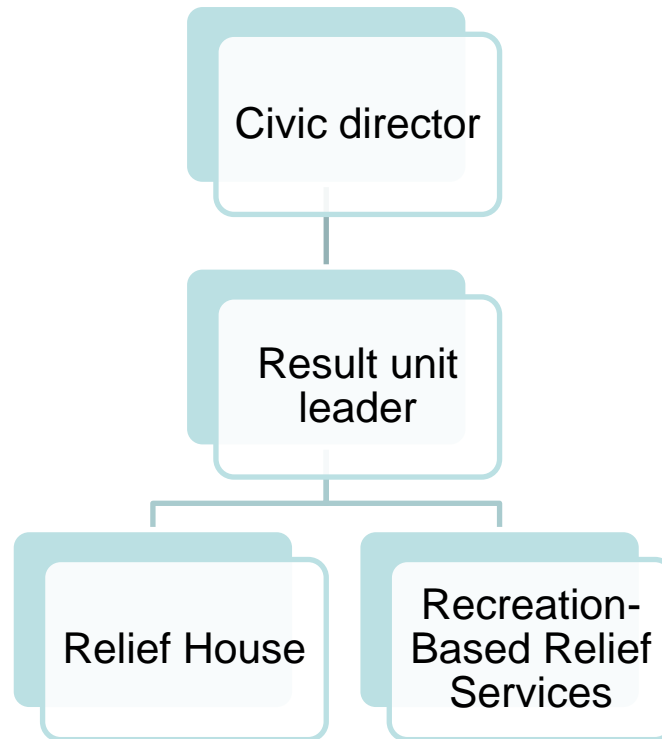
Relief services in Sandnes municipality

About us:

Relief services provide support for parents who have substantial challenges with raising their children, in accordance with laws of civic health- and care services §3-2, 6 C and D. Relief services consist of two units; the Relief House and Recreation-Based Relief Services. We offer our services to approximately 70 families. 50 of these use the Relief House and 20 use the Recreation-Based Relief Services.



Organisation chart



The Relief House

- The Relief House provides support for parents who have children diagnosed with different mental and physical disabilities (Down Syndrome, Prader Willie syndrome etc.).
- The prime age is currently 5 to 25 years.
- We are offering our services to 47 families (49 children/young adults).



Description of service

- The purpose is to make the Relief House like a «second home» that provides an enhanced sense of well-being for both children and parents. We promote a social everyday life, with social activities like football, swimming, bowling etc.
- Every child has a primary social worker that ensures good cooperation between school, day care center, parents and other collaborators. They are also responsible for putting together a document that will ensure good social work. This document contains how to perform ADL training and other important information.



Recreation-Based Relief Services

- We provide support for a growing user group in the civic relief services; children and teenagers diagnosed with psychiatric conditions. The work we do consists of running the relief services and a Children's House for this user group.
- The unit consists of two institutions, one "*Wilderness group*" that takes the users out on hikes and a networking group for the parents of the users where they share experiences and provide feedback to our services.
- Our goal is to provide an enhanced sense of well-being for both the children/teenagers and their parents.
- To achieve this goal, our social workers focus on building relationships with the users, enhancing their sense of capability and making them responsible beings.



Sandnes – i sentrum for framtiden



Thank you – and good luck!



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