



A Breathing Space for the Family

Granbohus Short Break Service

Support to families with children and youngsters with disabilities



Central purpose of Granbohus services

To prevent social and psychological (mental) breakdown in the family

To ensure children at home as long as possible)

To prevent “burn out” siblings

To ensure parents associated with the job market



Activity frame

- On a public social economic market "best quality at the best price"
- Trade contracts with 29 municipalities - Capital Region
- Personal and family support to between 600 => 700 citizens



Granbohus has 600 employees

including

- 140 professionals basic staff
- 5 managers - one executive, one deputy manager, one head of administration, two head of subject
- 5 coordinators
- 4 administration staff
- 460 professional mates/temps, homesitters, companiens



”Focus on the citizen”

”The National Social Services Act 2000” was a cornerstone in the danish handicap policy in proportion to the political intention: **”Focus on the citizen”**

The parents know their child best

- User involvement and user social responsibility

Change of rhetoric - from Social Services to Social Offers



Quality in short break offers - based on four basic elements

Dimensioning

Structure and effectiveness

Individual methods

Knowledge

The joy of anticipation

Credibility

Just do it! - for everybody

Spaciousness (containing)/ Forgiveness



Dimensioning (Booking structure)

Main Focus

- Full use of all beds
- Making short breaks more than just a supervised shelter

Expansion by demand

New preferences among parents and local authorities

Great flexibility among the staff



Individual methods of communication and training activities

'PAHP' (Neuro-screening) - (ICF-CY)

The child's right to communicate on his or her own terms

- the methods follow the child
- the staff follows the child



Joy of anticipation

Credibility

Create, plan and prepare programs

Photo-diary to each visitor after the stay



Just do it! - for everybody

Spaciousness, containment and forgiveness

Short Break for everyone (Challenging behaviors)

Everyone is welcome



Granbohus experience
development of the family support

Three tracks to be developed



First Track

“Premature measure” - “premature effort”

- Support for the young family's skills

Support in the family's home

- Hometraining - Homesitting - Assistance or *Back up*

Provide focusgroups for parents

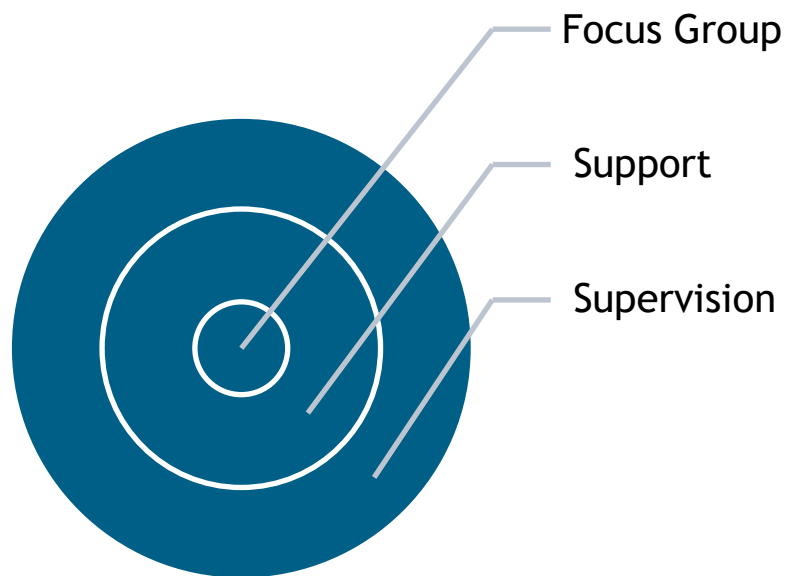
- Supported by volunteers and supervised by professionals



Second Track

”Maintain the familyship”

- Support or underpin to the mature family by offering Short Break services*:
 - Temporary stay - Weekend-Tours - Activities Camps
 - * *by parent groups - Family activities*
 - Brother and Sister Focus groups**
 - * **supported by volunteers (”Volunteers” => young people - brothers and sisters - supervised by professionals)*





Third Track

”Liberation”

- Family support with focus on the youngsters and young adults - ”cut the umbilical cord” to the parent’s
- Short breaks by: Camps - Tours - leisure activities

”Move out of home training”



..... Future scenarios

- **Partnership with local scouts (volunteers)**
Organizing scout activities on the land register which Granbohus' choose to attend
- **A social economic foodhouse in a operational partnership with Granbohus.**

Offering open events for families, dinner nights ect. The kitchen is staffed by young people with disabilities supported by a professional chef